

# ROME



## PACKING LIST

### Class Materials

- Class textbooks (refer to your syllabi: sometimes online versions are available)
- Pens, notebook
- Laptop & charger

### Important Documents

- Passport
- Printed copy of your flight itineraries (in rare situations they want this when going through immigration)
- Contact information for your program director and address to the hotel (in case your luggage is lost and you need it to be delivered)

### Electronics

- Headphones
- Phone & charger
- Camera/GoPro & charger
- Portable charger
- Adapter

### Toiletries

- Toothbrush & toothpaste
- Hairbrush
- Shampoo & conditioner (if you want to bring little bottles to save room, you can get a bigger bottle upon arrival if you aren't picky about the brand)
- Deodorant
- Razors
- Face & body wash
- Chapstick
- Tissues

### Personal Items

- Debit card & credit card
- Medications (make sure you have enough for the duration of the trip in the original prescription bottles)
- Personal first aid kit (LeadAbroad will not distribute medications to students)
- Contacts and/or glasses
- Adaptors/converters
- Suitcase lock
- Purse (bringing one that zips closed so it is secure)
- Water bottle

### Clothing

- T-shirts are fine for class but most people abroad do not wear t-shirts
- Bathing suit & cover up
- Light jacket or sweater
- Clothes that you would wear at home when hanging out with friends (check out our Instagram for ideas on what previous students wore); students are often disappointed when they only bring really casual clothes
- Underwear & socks
- PJs
- Comfortable sandals for walking
- Wedges (high heels are not recommended because of cobblestone streets)
- Tennis shoes
- PRO-track students in Rome: 3-4 business casual outfits for presentations/client meetings

## Other Important Things      Personal List

- Sunglasses
- Sunscreen
- Book/playing cards
- Travel pillow
- Beach towel
- Beach bag
- Carry-on bag that can also work for weekend travel
- Laundry bag
- Travel towel
- Travel-size toiletries

### Staff Tips

- Packing cubes to get you organized
- Only bring luggage you can easily carry yourself! You will have to carry your luggage up and down stairs. You should pack everything in one bag you check, one small carry-on/duffle, and a small backpack/day pack
- Have a pen with you on the plane so you can fill out immigration forms
- Put everything important in your carry-on: medications, passports, electronics
- Pack a spare change of clothes in your carry-on in case your bag is delayed
- Leave room to bring things home- you'll want some souvenirs
- You will be able to do laundry, so don't overpack